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## Gulliver Athletics Mission

To create an academic community devoted to educational excellence, with a personal touch, that fulfills each student's potential.



# Our Core Principles and Strategies

- Provide a superior, personalized, character-based, entrepreneurial, educational experience in preparation for college and life beyond school.
- Focus on our community values.
- Be a "school of the future," with access to advanced resources, innovative technology, and student-centered instruction geared to 21st century learning.
- Nurture the skills of communication, collaboration, critical thinking, creativity, and cultural competence in all students.

## Our Community Values

- Respect
- Service
- Problem Solving
- Courage
- Organization
- Diversity
- Patience

- Integrity
- Leadership
- Effort
- Initiative
- Cooperation
  - Curiosity
  - Flexibility

- Excellence
- Perseverance
- Responsibility
- Pride
- Friendship
- Sense of Humor
- Caring



### Vision

The Gulliver Athletics vision is to maintain an atmosphere that extends from the classroom which encourages student athletes to <u>develop</u> the following characteristics in sports:

- Knowledge/purpose of the sport
- Discipline, Character and Integrity
- The understanding of life lessons through the developmental and competitive sports process
- Sportsmanship with humility and appreciation for the entire athletic experience
- Working with others to achieve team goals
- The importance of lifelong physical fitness
- Productive practice behaviors and work ethic
- The understanding of their role on a team defined by the Coaching Staff
- Consistent productive practice execution that demonstrates preparation for competitive play opportunity
- To validate and demonstrate their ability to be prepared for an opportunity to participate in competitive play consistently
- Leadership qualities and self-respect



## Program Principles

YOUTH SPORT PRINCIPLES The Gulliver Youth Sports Program works to develop our students into athletes at a young age. It serves as a great feeder program to the Middle and Upper School competitive teams. The program consists of Developmental Clinics, Recreational Team Sports and Developmental-Competitive "Elite" Club sports. Athletes are taught sport-specific fundamentals, as well as sportsmanship, fair play, and teamwork. We emphasize caring, honesty, respect, and responsibility. More than "winning," we focus on the experience of wholesome competition and the development of healthy minds and bodies. The overall aim of the program is for each child to enjoy a fun learning experience. Everybody plays; everybody wins. In many ways, this is "where the Raider legacy begins."

MIDDLE SCHOOL ATHLETIC PRINCIPLES The Middle School athletic experience will focus primarily on encouraging Student Athletes to love physical activity and sports. Student Athletes are encouraged to try multiple sports to embrace overall wellness and social interaction. The emphasis in the Middle School athletic experience is having fun, skill development and continual improvement, learning and understanding the rules of the game, immersion in a team atmosphere, and how to relate to and work with others. In general, it is the goal of the Middle School athletic program that players that are on the roster will get game experience and playing time. The variance between sports, and individual abilities, make it difficult to have specific universal rules. Coaches and staff will determine each player's competitive game opportunities based on characteristics expressed in the vision of the program, as well as specific competitive conditions for each team. Questions should be addressed to the Lead Coach and/or Academy Athletic Director.

**UPPER SCHOOL ATHLETIC PRINCIPLES** The Upper School athletic experience will demonstrate the Student Athletes' growth of knowledge, skills, strategies, and practice/game experience learned at the Middle School level into high level practice and game execution at the Upper School level. The atmosphere of Upper School athletics is competitive in nature, and teams may have a limited number of roster openings. There are three competitive levels in Upper School athletics: Freshman, Junior Varsity and Varsity. A Freshman and Junior Varsity Student Athlete should be on a path of continued development with the notion of the demand for consistent productive execution in practice and games. An Upper School Varsity Student Athlete should be equipped with mastery of skill, Sport IQ, actual productive effort, and potential talent. Student Athletes at the Upper School level should validate their ability to perform at a high level to include solid character, maturity, and sportsmanship. Coaches and staff will determine each player's competitive game opportunities based on characteristics expressed in the vision of the program, as well as specific competitive conditions for each team. Questions should be addressed to the Head Coach and/or Assistant Athletic Director or Athletic Director. There is no guaranteed playing time at this level.



# Middle School Student Athletes Participating in Upper School Athletics

In support of our commitment to enriching the total educational experience for our student athletes, Gulliver has established the following guidelines for Middle School students' participation in Upper School JV or Varsity athletics.

In general, student athletes participate in athletic programs established for their grade level. Middle School athletes typically do not participate in JV or Varsity athletics.

Recognizing that some exceptions to this policy will serve the best interest of the student athletes involved, the following guidelines for exceptions have been established.

- The Middle School student athlete must maintain acceptable academic standards and consistently demonstrate excellent citizenship, sportsmanship, and maturity.
- The Middle School student athlete must be capable of safe competition at the level of the Varsity or JV team to which he/she is being named.
- A Middle School student athlete may only be added to a Varsity or JV roster if no Upper School student athlete is available to fill the position. (i.e., an Upper School student athlete may not be cut from a team in favor of a Middle School student athlete.)
- Participation by a Middle School student athlete on a Varsity or JV team completes a team roster, thus enabling other Upper School student athletes to participate in the sport. (i.e., a team would not have enough members to compete without the Middle School student athlete)
- The Middle School student athlete competes at a level that

- exceeds the level of an available Middle School team to such a degree that participation on the Middle School team is not an enriching experience for the student athlete being considered or for lesser-skilled student athletes who are participating at the Middle School level.
- Middle School student athletes must have parental permission to compete on Varsity or JV teams.
- Middle School student athletes who wish to participate on a Varsity or JV team must receive approval from the Gulliver Athletic Director, Gulliver Academy Athletic Director and the Middle School Principal for their primary campus (Academy or Montgomery Drive) prior to being allowed to try out for or being added to a Varsity or JV roster.
- These guidelines are to be applied at the discretion of the administrators in such a manner as to create the most positive educational experience for the student athletes.



# Role of a Gulliver Parent

- Adhere to our policies, standards, and expectations of our school as described in the Parent/Student Handbook, Athletic Handbook, and Parent Code of Conduct.
- Communicate with Athletic Department personnel with any concerns through primary channels that will warrant an effective partnership for the well-being of the student athlete.
- Visit the Gulliver Athletics website frequently, and use email and other methods of communication to remain informed about athletic practice, game, and transportation schedule changes.
- Demonstrate appreciation and support for the coaching staff, who invest in our student athletes' learning and development, remembering we are all on the same team.
- Treat others as you would like to be treated.

# Equipment

The Gulliver Athletic Department will provide the necessary equipment for each sport. Each sport has its own culture of equipment and apparel needs. We will provide any equipment that is required by the sport for practice and games. Any other extra equipment or uniforms will be determined by the coach and the athletic director and may require an added expense because it is personal in nature. All equipment and uniforms are expected to be returned in functional condition minus regular usage for contest. Student athletes are responsible for damages, loss, or replacement. All uniforms must be returned before another uniform is given for a different sport.

**TEAM GEAR PACKAGES** Most teams will offer optional supplemental gear packages for purchase for practice, travel, and spirit attire. Some extra items may be required for purchase for practice or travel attire.



# Conference Affiliation

#### Florida High School Athletic Association (FHSAA)

The Gulliver Athletic Association is a member of the FHSAA, which is the governing body for Sports in Grades 6-12.

#### South Florida Middle School Conference (SFMSC)

The Middle School Athletic Department participates in the South Florida Middle School Conference (SFMSC) in all sports except for Football and Sailing.

#### **South Florida Conference (SFC)**

The Gulliver Prep Football teams participate in the South Florida Conference.

#### **Tri-County Football Conference**

Grades 6, 7 and 8 Football teams participate in the Tri-County Football Conference.

## Gulliver-FHSAA Athletic Eligibility Forms

Gulliver-FHSAA Athletic Eligibility Forms are due at the beginning of the School Year and are valid for 365 days from the date listed on the FHSAA EL2 and FHSAA EL3. These forms are available on the Gulliver School Athletic website.

### Attendance

#### We require that all student athletes attend all scheduled practices and games.

In the event of an emergency, please contact the Head or Lead Coach of the sport. For the best possible athletic experience, please schedule personal appointments outside of practices and games.





Youth
Sports Programs



### FALL SEASON

#### **August - November**

*Grades 2-5:*Rec Flag Football

*Grades 2-4:* Rec Soccer

#### September - October

Grades Sr.K-5:
Basketball (8-week Clinic)
Soccer (8-week Clinic)

*Grades 4-5:* Elite Club Girls Basketball

#### **September - December**

*Grades Sr.K-5:*Elite Club Baseball

#### September - May

Grades 2-5: Elite Club Basketball Elite Club Boys Soccer

#### November - December

Grades Sr.K-5:
Cheerleading (6-week Clinic)
Lacrosse (6-week Clinic)

Grades 3-5:
Running (6-week Clinic)

### SPRING SEASON

#### January - March

Grades Sr.K-5: Cheerleading (8-week Clinic) Soccer (8-week Clinic)

Grades 2-5: Rec Basketball

#### January - May

Grades 2-5:
Rec Flag Football
Elite Club Basketball
Elite Club Boys Soccer

#### April - May

*Grades Sr.K-4:* Basketball

Grades Sr.K-5: Cheerleading Lacrosse Soccer

*Grades 3-5:* Running Softball Volleyball

*Grades 4-5:*Elite Club Girls Basketball



# Middle School Athletic Programs







# GRADE 6 FOOTBALL

**Season:** Fall (August - October)

Participants: Boys in Grade 6

**Level of Competition:** 

Developmental

**Type of Sport:** Non-selection (All interested student athletes are welcome)

#### **Equipment provided by School:**

A helmet; shoulder, thigh, hip, and knee pads; girdle, practice jersey/ game jersey, and practice/game pants

**Equipment provided by Parent:** 

Undershirt/shorts, cleats, and socks

# GRADE 7 & 8 FOOTBALL

Season: Fall (August - October)

Participants: Boys in Grades 7 and 8

Level of Competition: Developmental-

Competitive

**Type of Sport:** Non-selection (All interested student athletes are welcome)

#### **Equipment provided by School:**

A helmet; shoulder, thigh, hip, and knee pads; girdle, practice jersey/ game jersey, and practice/game pants

#### **Equipment provided by Parent:**

Undershirt/shorts, cleats, and socks



### **BOYS' GOLF**

Season: Fall (August - October)

Participants: Boys in Grades 6, 7

and 8

**Level of Competition:** 

Developmental-Competitive

**Type of Sport:** Selection (A tryout is required)

**Equipment provided by School:** 

A golf bag, box of golf balls, and

game uniform

**Equipment provided by Parent:** 

Golf clubs, practice polo and

shorts, and golf shoes





### **SAILING**

**Seasons:** Fall (August - October) & Spring (January - April)

Participants: Boys and Girls in Grades 6, 7 and 8

**Team:** Middle School

Level of Competition: Developmental

**Type of Sport:** Non-selection (All interested student athletes

are welcome)

**Fee:** There is a participation fee for this sport

**Equipment provided by School:** Sailing equipment

**Equipment provided by Parent:** Practice clothing and a

life jacket



**Season:** Fall (August - October)

Participants: Boys and Girls in Grades 6, 7 and 8

Level of Competition: Developmental

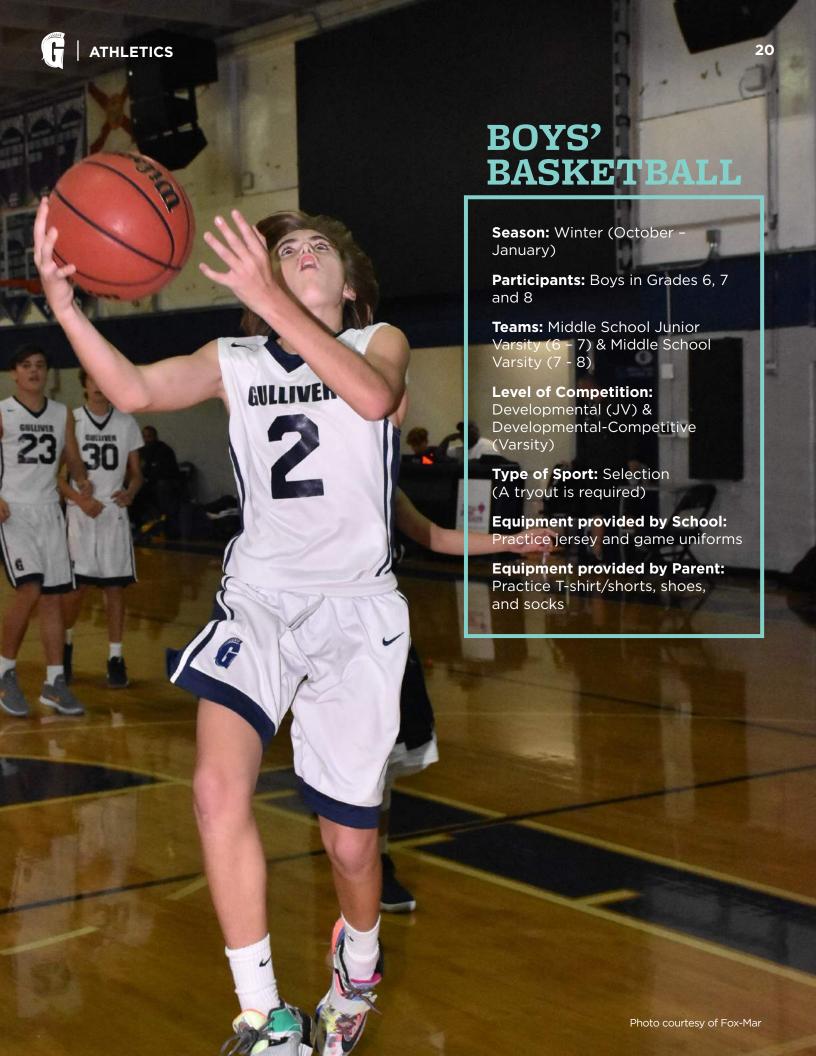
**Type of Sport:** Non-selection (All interested student athletes are welcome)

**Equipment provided by School:** T-shirt and cap

**Equipment provided by Parent: Swimsuit** 











### **BOYS' SOCCER**

**Season:** Winter (October - January)

Participants: Boys in Grades 6, 7 and 8

**Teams:** Middle School Junior Varsity (6 - 7) & Middle School Varsity (7 - 8)

Level of Competition: Developmental-Competitive (JV) & Developmental-

Competitive (Varsity)

**Type of Sport:** Selection (A tryout is required)

**Equipment provided by School:** Game uniforms

**Equipment provided by Parent:** Practice T-shirt/shorts, cleats, and socks





Participants: Girls in Grades 6, 7 and 8

Team: Middle School

Level of Competition: Developmental-Competitive

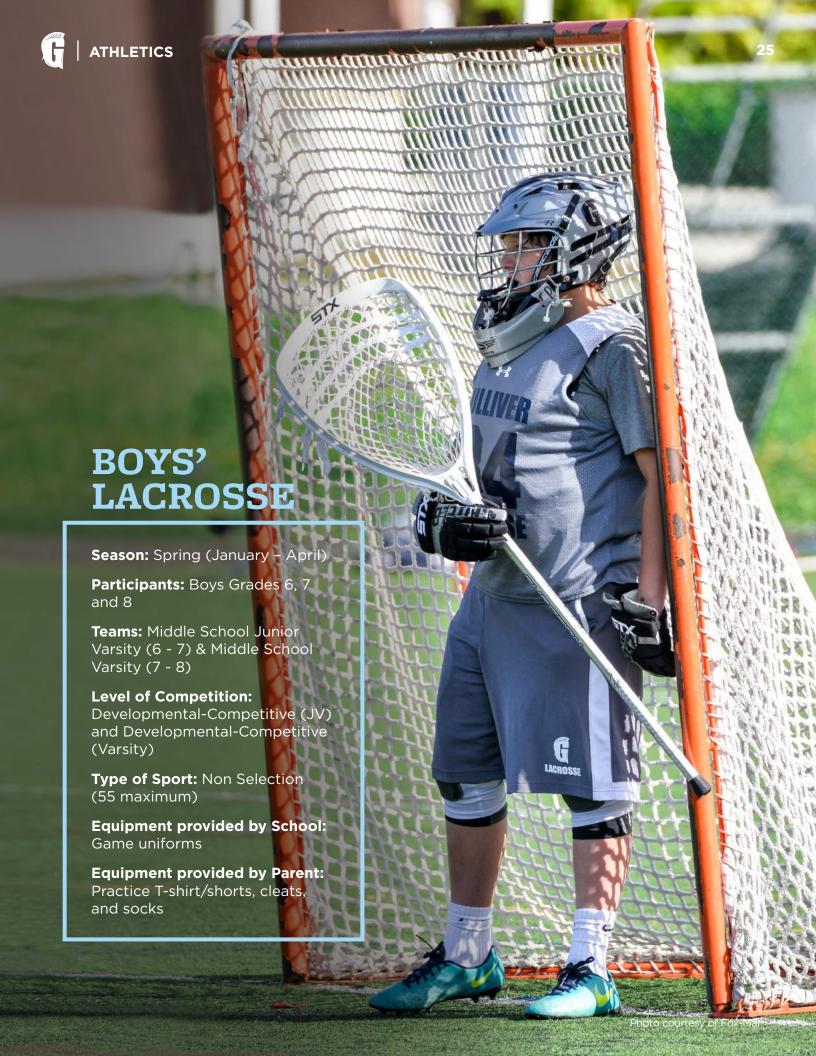
**Type of Sport:** Selection (A tryout is required)

Equipment provided by School: Game uniforms

Equipment provided by Parent: Practice T-shirt/shorts or pants, cleats, socks,

bat, glove, and bag







### **TENNIS**

**Season:** Spring (January - April)

Participants: Boys and Girls in Grades 6, 7 and 8

**Level of Competition:** Developmental-Competitive

**Type of Sport:** Selection (A tryout is required)

Equipment provided by Parent: Personalized uniform, tennis racquet,

shoes, practice shirts, and shorts



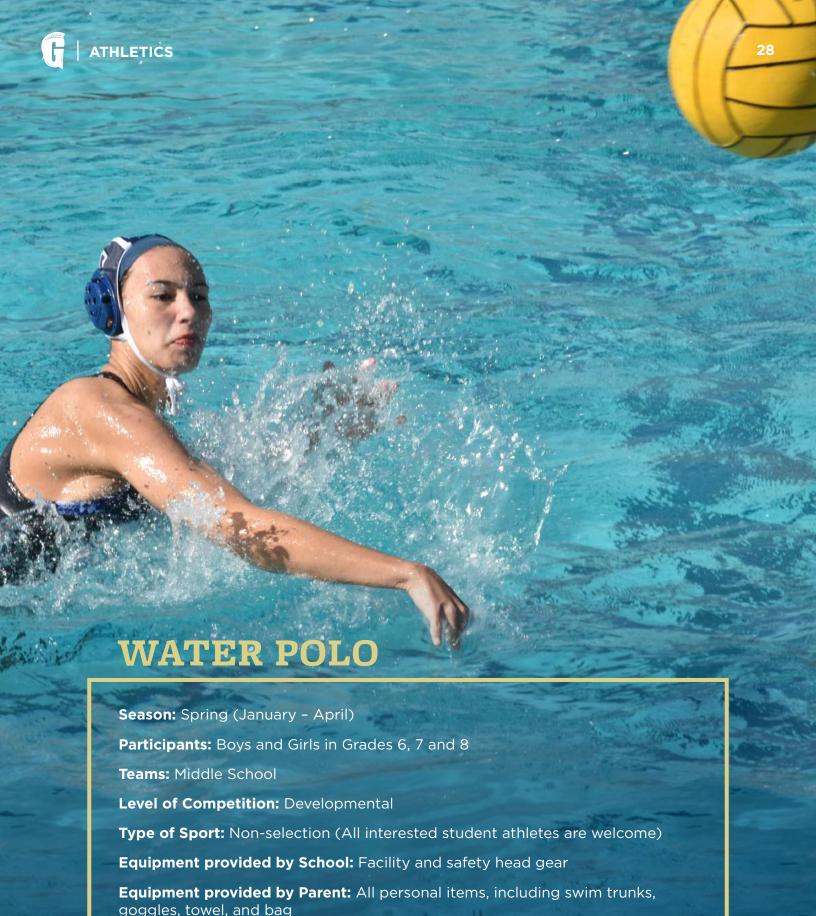
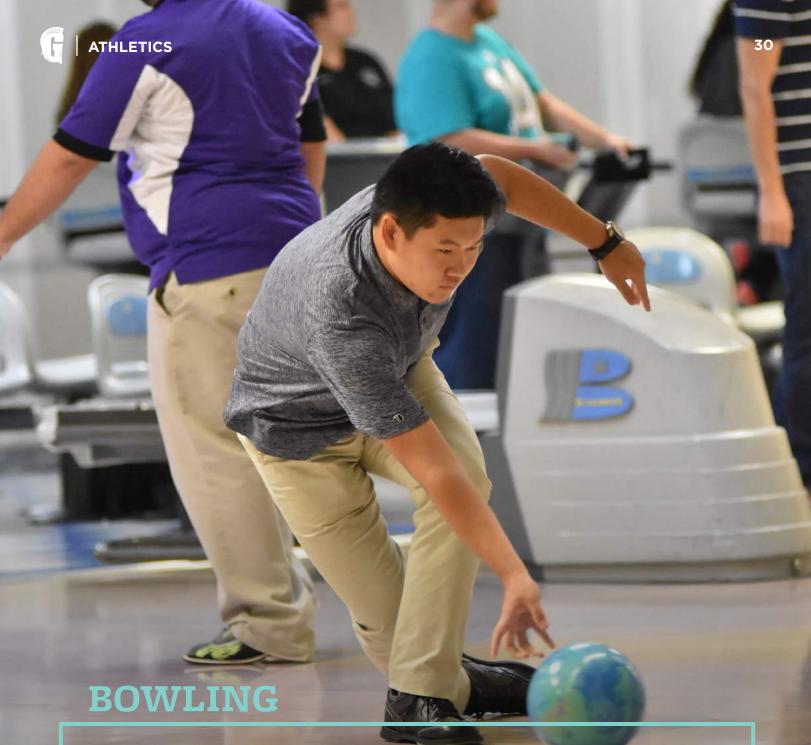


Photo courtesy of Fox-Mar



Upper School Athletic Programs



Season: Fall (July - December)

Participants: Boys and Girls in Grades 9, 10, 11 and 12

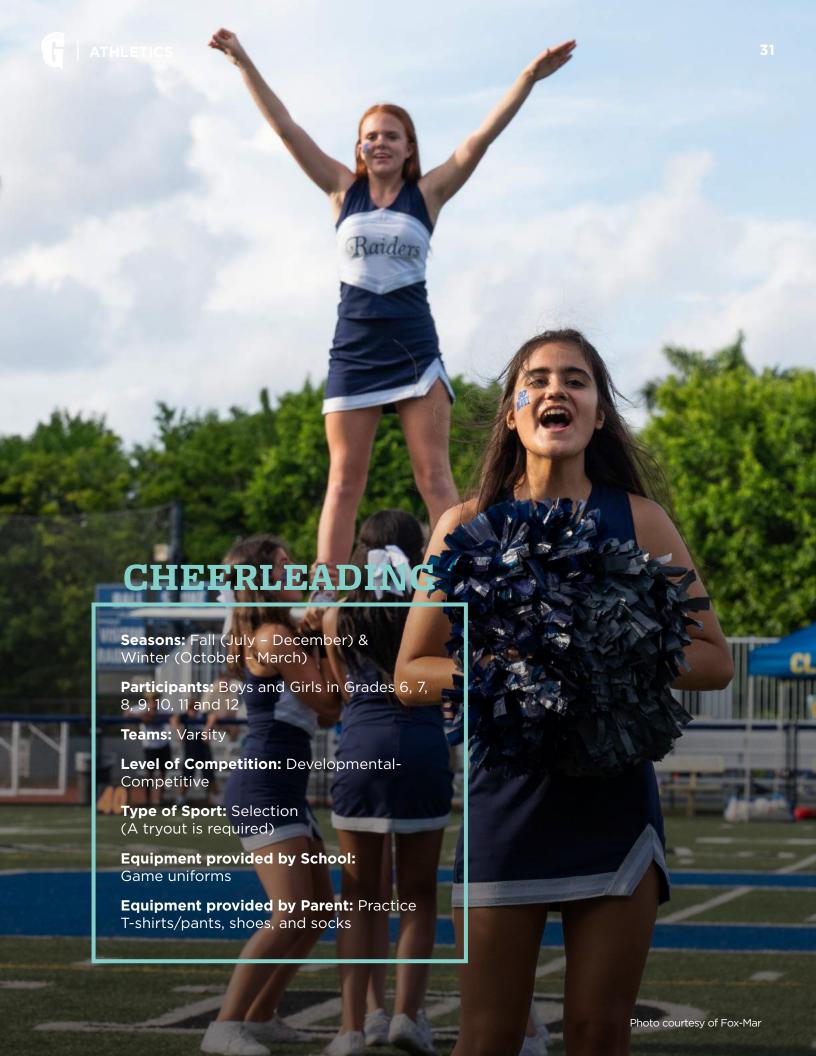
**Teams:** Varsity

Level of Competition: Developmental-Competitive

**Type of Sport:** Selection (A tryout is required)

**Equipment provided by School:** Game uniforms

Equipment provided by Parent: Practice T-shirts/pants, shoes, socks, and bowling ball





Level of Competition: Developmental-Competitive

Type of Sport: Non-selection (All interested student athletes are welcome)

**Equipment provided by School:** Game uniforms

**Equipment provided by Parent:** Tights, running shoes/spikes, and socks







### **FOOTBALL**

**Season:** Fall (July - December)

Participants: Boys in Grades 9, 10, 11 and 12

**Teams:** Junior Varsity (9 - 11)

& Varsity (9 - 12)

Level of Competition: Developmental-

Competitive

Type of Sport: Non-selection (All interested

student athletes are welcome)

**Equipment provided by School:** A helmet; shoulder, thigh, hip, and knee pads; girdle, practice jersey/game jersey, and practice/

game pants

**Equipment provided by Parent:** 

Undershirt/shorts, cleats, and socks







Equipment provided by School: Sailing equipment

**Equipment provided by Parent:** Practice clothing and a life jacket



Season: Fall (July - December)

Participants: Boys and Girls in Grades 9, 10, 11 and 12

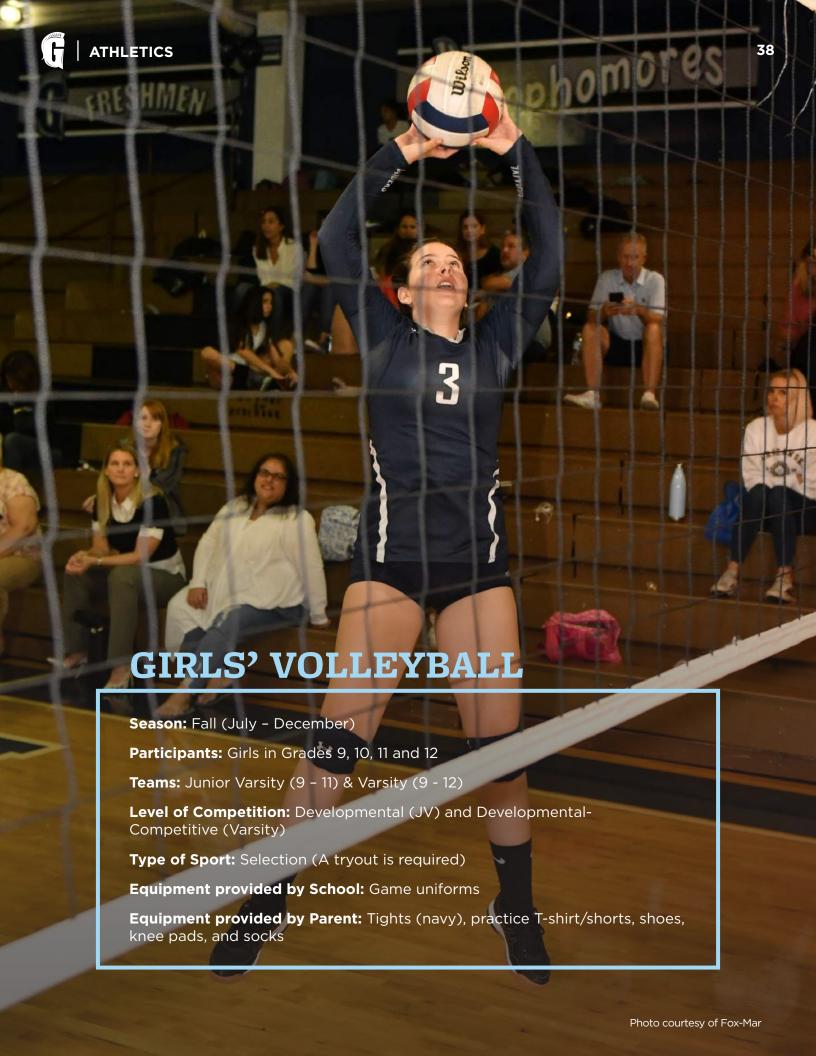
**Teams:** Varsity Swimming (9 - 12)

**Level of Competition:** Developmental-Competitive

**Type of Sport:** Non-selection (All interested student athletes are welcome)

**Equipment provided by School:** T-shirt and cap

**Equipment provided by Parent:** Swimsuit









Participants: Girls in Grades 9, 10, 11 and 12

**Teams:** Junior Varsity (9 – 11) and Varsity (9 – 12)

**Level of Competition:** Developmental (JV) and Developmental-Competitive (Varsity)

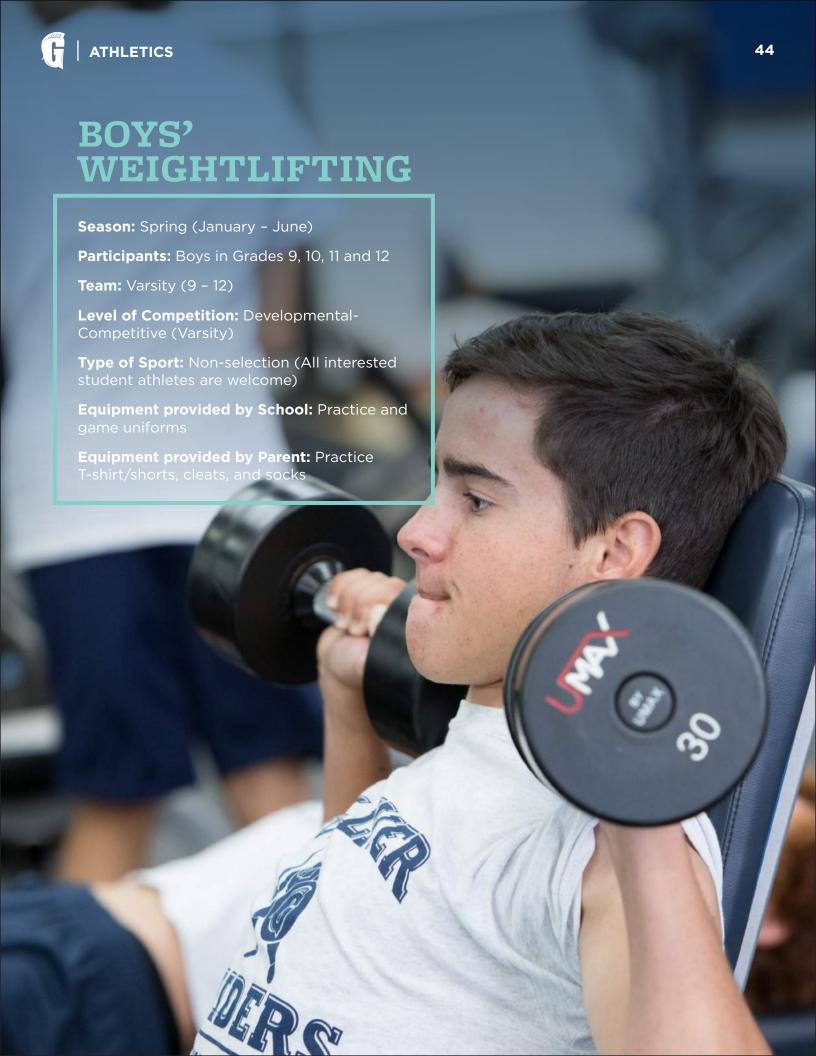
**Type of Sport:** Selection (A tryout is required)

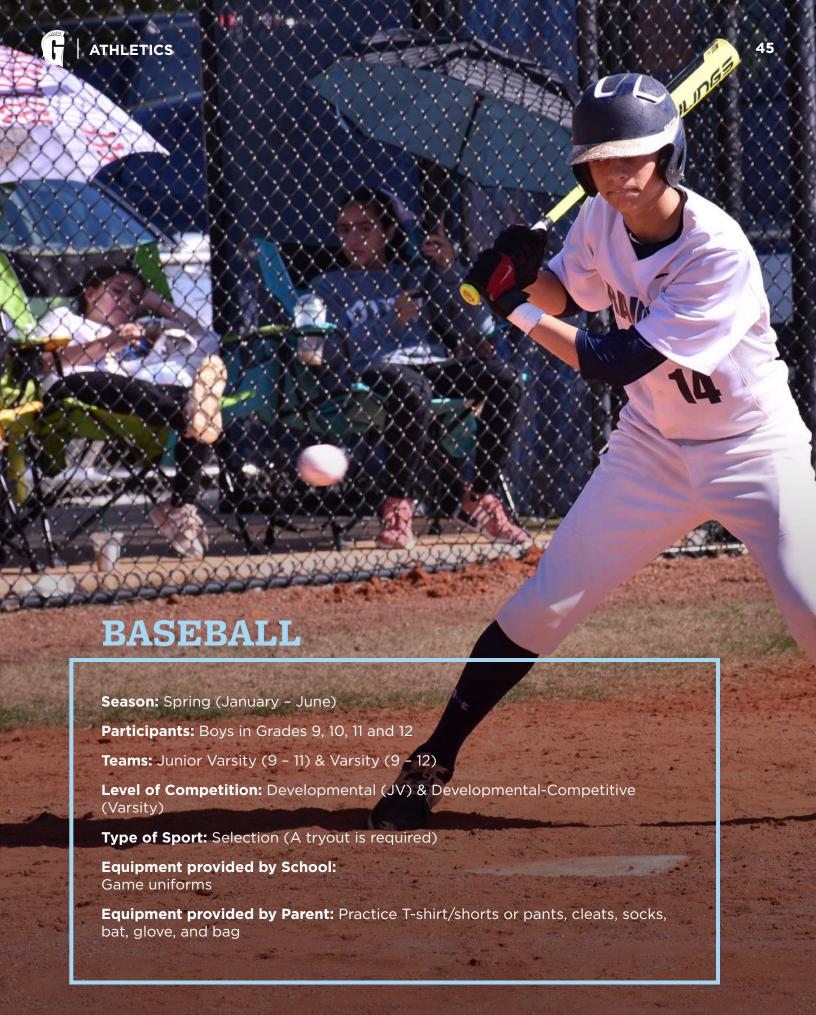
**Equipment provided by School:** The School will provide practice and game uniforms

Equipment provided by Parent: Practice T-shirt/shorts, cleats, and socks



















## TRACK AND FIELD

**Season:** Spring (January - June)

Participants: Boys and Girls in Grades 9, 10, 11 and 12

**Teams:** Varsity

Level of Competition: Developmental-Competitive

Type of Sport: Non-selection (All interested student athletes are welcome)

**Equipment provided by School:** Game uniforms

Equipment provided by Parent: Shirt, shorts/tights for practice, running shoes/

spikes, and socks









## **WATER POLO**

**Season:** Spring (January - June)

Participants: Boys and Girls in Grades 9, 10, 11 and 12

Teams: Varsity

Level of Competition: Developmental-Competitive

**Type of Sport:** Non-selection (All interested student athletes are welcome)

Equipment provided by School: Facility and safety head gear

**Equipment provided by Parent:** All personal items, including swim trunks,

goggles, towel, and bag



## End of Season Event

At the end of every sports season, teams have a celebration event. This end-of-season event is coordinated by the Head or Lead Coach with a parent(s) and usually takes place at a team member's home, or public location. End-of-season events should take place within a month of the sports season coming to an end.

## Sports Fair

The Sports Fair is a yearly event hosted by the Gulliver Athletic Department, providing information about all Sports. It is usually held in August at the Gulliver Prep Campus. Invitations are sent to parents of all students in Grades 6-12 via-email.

